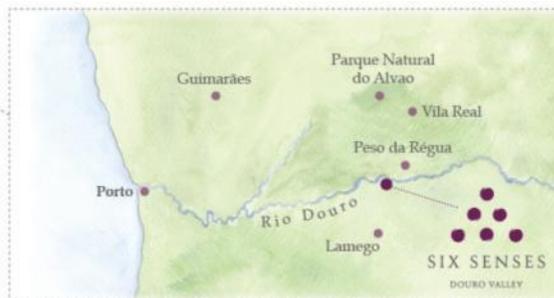




Located in Portugal's lush Douro Valley, Six Senses Douro Valley occupies a renovated historic manor house, now complete with contemporary interiors reflecting the inimitable Six Senses style. The Douro River winds through the oldest wine-producing region in the world, where Six Senses Douro Valley's serene setting comprises 19 tranquil acres, plus three restaurants, a dedicated wine cellar featuring vintages from the valley, and a stunning Six Senses Spa. Douro means golden, and the sun-kissed valley comprises three UNESCO world heritage sites. The charming Six Senses Douro Valley is the perfect place for those looking for the ultimate Douro wine and spa experience.

Location

The serene setting of Six Senses Douro Valley is the oldest demarcated wine region in the world and UNESCO world heritage listed. It is a 90-minute drive from International Airport Francisco Sá Carneiro in Oporto. Lisbon is a leisurely four hours driving distance.



Accommodations

Six Senses Douro Valley offers 57 guest accommodations, which range from Bedrooms to spacious Suites and Villas with one, two and three bedrooms. Completely renovated, the décor is a triumph of combining Six Senses natural style with traditional highlights from a past era. All accommodations are air conditioned and feature a 48 inch flat panel TV with satellite channels, IDD and WiFi.

Quinta Superior, Quinta Deluxe and Quinta River Rooms are 430 – 540 square feet are serene spaces with pure lines, delicate lighting, and panoramic windows with sweeping vineyard views. Some rooms feature terraces.



Suites are 625 to 1,130 square feet and are framed by beautiful panoramic views embracing the vines and the river.

Villas are 450 – 765 square feet comprising two or three bedrooms on multiple levels. Interior design is by Clodagh, featuring an elegant décor uniting classical style and the warmth of wood with the brilliance of chrome. **The Vineyard Villa Suite** is a separate compound with five units, with 1, 2 or 3 bedrooms sharing a pool and garden. **The Vineyard Pool Villa** is two separate villas each with one bedroom, plus a private heated pool and garden.

Dining

Dining options at Six Senses Douro Valley are a celebration of the region with much of the produce coming from the verdant valley and surrounding countryside, or on the resort's gardens, assuring ultimate freshness and flavor.



The Restaurant

Open throughout the day and featuring seasonal menus of local and regional dishes. An open cooking station complete with wood-fired oven for bread baking and traditional oven dishes. This is also a location for cooking classes, where guests can learn some of the finer points of preparing Portuguese cuisine.

The Dining Room

The beautiful classic décor of this traditional room creates a warmly intimate atmosphere with a myriad of detail. The menu's market-inspired fare incorporates the best in regional cuisine, perfectly combining fresh ingredients and seasonings.

Experiences

To add some fun to the culinary experience, secret destination dining is a pop-up experience with dinner tables tucked into the woods by the river. The location and the menu are kept secret until the last minute as a delightful surprise.

Wine Library & Terrace

As the heart of the resort, the Wine Library & Terrace is a meeting place for guests full of eclectic local materials and furnishings, creating an authentic Douro Valley experience. It is also a pre-dining rendezvous with a tempting selection of local tapas items. An interactive and instructional Wine Library presents leading vintages from the area where guests are guided in the varieties and styles by leading winemakers from the surrounding valley and the resort's sommelier.



Six Senses Spa & Fitness

The Spa is over 23,000 square feet and comprises 10 treatment rooms, a heated indoor pool with water jets, an outdoor pool and refreshment bar, plus a gym with the latest exercise equipment and professional guidance. Spa treatments are also available in a number of guest rooms.

Specialty Six Senses therapies are offered, plus a range of locally-inspired therapies, which also include some which are grape and wine based. With a décor of ecologically-friendly materials, the feeling is soft and hip; a meeting between nature, Portuguese tradition and the elements of water, nature, space, stone and wood. A large outdoor yoga pavilion blends beautifully with nature and is ideal for individual sessions and group training. For the full wellness experience, multi-day themed wellness packages are offered.



Activities

High season is through June and July, with peak season over Easter, August, during the Harvest period in early September and New Year. Year round guests can visit monasteries, museums and baroque churches. Winery visits, wine tasting and local dining are also offered throughout the year as are biking and picnics. The Experiences Team is happy to arrange a variety of adventures, including trips to the prehistoric rock art sites in Côa Valley and the Douro International and Alvão parks. Visit some of the oldest wineries in the world; explore picturesque villages, castles, and a myriad of riverine adventures.



Other adventures include:

- Wine and dine river cruises, interactive oenology courses, visits to nearby wineries where guests can meet the winemakers plus the opportunity to be a winemaker for the day.
- Although it only comes once a year, stomp grapes during harvest time in September and October, barefoot in stone lagares (granite stone tanks).
- Take a walking tour with a private guide around the Douro Valley, or speed the pace on an electric bicycle.
- Bird watching is a favorite pastime in the area, but for those really wishing to soar, fly above the verdant valley in helicopter.

Contact

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